



TEXAS STATE TAEKWONDO ASSOCIATION TALENT IDENTIFICATION CAMP

ESTABLISHING A FORMAL PROCEDURE FOR THE TEXAS TAEKWONDO TALENT IDENTIFICATION (ID) CAMP IS ESSENTIAL TO ENSURE A STRUCTURED, FAIR, AND EFFECTIVE EVALUATION OF ATHLETES. BELOW IS THE SELECTION PROCEDURE ENCOMPASSING KEY ASPECTS SUCH AS ELIGIBILITY, EVALUATION CRITERIA, AND CODE OF CONDUCT.

1. Eligibility Criteria:

- **Age and Rank requirements for participation:** Open to all blue belts and up to black belt athletes, ages 8 years old and up.
- **Age and Rank requirements for selection:** Red and black belts of the youth, cadet and junior age groups. Ages 10-17 to be selected.
- **Valid and current passport** (with more than 6 months before expiration date based on August 1st of 2025 date)

2. Registration Process:

- **Registration Fee:** \$150 dollars, covering training sessions, materials, and camp amenities.
- **How to Register:** Complete the registration payment and form available at rgvtdleague.com

3. Camp Schedule:

- **Training Sessions:** Saturday May 24th with sessions focusing on technical / tactical skills, conditioning, and evaluation metrics such as agility and coordination.

- **Camp Conclusion:** Mid-afternoon on Saturday after team selection, allowing participants to travel home that evening.

4. Evaluation Criteria:

Participants will be assessed in the following categories. **Subject to full discretionary selection based on the following criteria:**

- **Technical Skills:** Proficiency in Taekwondo techniques, including clinch, leg control, cover, pattern changes, and distance awareness.
- **Tactical Skill set:** Evaluation of distance controls, timing, static ability, dynamic abilities, technical recognition, ring and match management.
- **Physical Fitness & Conditioning:** Metrics testing to benchmark physical abilities such as flexibility, speed, explosiveness, balance and stability, mobility and range of motion.
- **Intangibles:** Evaluation of resilience, attitude, coachability, focus, competitive mindset, fighting spirit and physical adaptability.
- **Knowledge of Modern Techniques:** Understanding and application of current Taekwondo strategies.
- **Individual qualities:** Unique qualities that distinguish each individual athlete.

5. Code of Conduct:

All participants, coaches, and attendees are expected to adhere to the following guidelines:

- **Respect:** Bow to the instructors when entering and leaving the training area. Address coaches with appropriate titles and use courteous language.
- **Attendance:** Do not enter or leave the sessions without permission from the instructor.
- **Behavior:** Maintain a respectful and focused demeanor; excessive talking, laughing, or disruptive behavior is discouraged.
- **Attire:** Wear a clean and white Taekwondo pants at all times. Any athletic t-shirt
- **Participation:** Assist fellow participants and contribute positively to the camp environment.
- **Safety:** Junior safety rules regarding head contact.
- **Compliance:** Abide by all camp rules and regulations, including those set by the Texas State Taekwondo Association and USA Taekwondo.

6. Health and Safety Protocols:

- **Medical Clearance:** Participants must provide a signed medical release form prior to the start of the camp.

7. Accommodation and Meals:

- **Lodging:** Participants are responsible for their own accommodations.

- **Meals:** Participants are responsible for their own meals.

8. Floor access:

- **Only TSTA approved personnel will be allowed on training / competition floor.**
- **If not approved, you will be immediately removed from the assigned training / competition floor.**

By following this structured procedure, the Texas Taekwondo Talent ID Camp aims to identify and nurture the potential of athletes, fostering their growth in the sport of Taekwondo in the state of Texas.