



Texas State Taekwondo Association

2025 Selection Procedures for High Performance Texas State Taekwondo Team

1. Competition Rules

- a. The selection process will adhere to the current World Taekwondo (WT) Rules and the current USA Taekwondo (USAT) Rules.

2. Eligibility Criteria

- a. All athletes must be in good standing with World Taekwondo (WT), USA Taekwondo (USAT), and the Texas State Taekwondo Association (TSTA).

3. Application Process

- a. Applicants must submit the following documents to TSTA by a designated deadline (to be determined):
 - i. Participation Form
 - ii. Athlete Code of Conduct
 - iii. A copy of their 2025 USAT Membership.
 - iv. A copy of their valid and current US Passport.

4. Athlete eligibility and team selection criteria

- a. MUST compete at the 2025 Texas state championships.
- b. Gold and Silver medalists of each weight category qualify to Texas fight off
- c. All of 2025 Texas State Championships medalists will be invited to exclusive Texas training sessions.(Date and place TBD).
- d. Wildcards for each gender (subject to high performance discretionary selection).
- e. Weight categories will be selected for Texas state high performance "A" team (subject to high performance discretionary selection).
- f. MUST be an athlete registered under one of the 2025 USAT REGION 3 states. (TX, AZ, ÁUSÈÁ ÞT DÁC [Áà^Á^]ã*àà|^ for a team fight off spot.

5. Selection Process

- a. Single elimination process
- b. For each combined weight class, the gold and silver medalists from the designated weight divisions will face off against each other in an elimination round. The winner of each elimination bout will secure a final fight off spot for that specific combined weight class. For instance,

Elimination: 54kg: gold medalist VS silver medalist = 54 winner

Elimination: 58kg: gold medalist VS silver medalist = 58 winner.

Fight off round: 54 winner VS 58 winner

- c. Team Spots Available:
 - i. Senior Male Team Spots:
 1. -58kg
 2. -68kg
 3. -80kg
 4. +80kg
 - ii. Senior Female Team Spots:
 1. -49kg
 2. -57kg

- | | | | |
|------|---------------------------|----|-------|
| | 3. -67kg | | |
| | 4. +73kg | | |
| iii. | Junior Male Team Spots | 2. | -48kg |
| | | 3. | -55kg |
| | | 4. | -63kg |
| | | 5. | -73kg |
| | | 6. | +73kg |
| iv. | Junior Female Team Spots: | | |
| | 1. -44kg | | |
| | 2. -49kg | | |
| | 3. -55kg | | |
| | 4. -63kg | | |
| | 5. +63 kg | | |

This selection method aims to foster a competitive environment, rewarding excellence and ensuring that the Texas State Taekwondo Team is composed of the most skilled and determined athletes.

6. Responsibilities of Selected Athletes

- a. TSTA will coordinate participation in a WT-G rated event.
- b. The high performance final team roster will be announced at a later date.
- c. Selected athletes are required to participate in regular scheduled training sessions and TSTA events, as approved by TSTA coaching staff.
- d. TSTA will nominate, manage all athletes and staff participating in these events.
- e. Team travel logistics and on-site arrangements will be centrally managed by TSTA personnel.
e1) Anyone other than TSTA appointed personnel is responsible for their own travel arrangements and will not be accredited as part of the TSTA Team, unless specifically authorized by TSTA.
- f. Athletes are expected to arrive with all necessary equipment and documentation as directed by TSTA staff.
- g. All athletes must sign and adhere to the Athlete Code of Conduct.

Note: These procedures are subject to change, and any updates will be communicated to the athletes and relevant parties in a timely manner.



Texas State Taekwondo Association

CODE OF CONDUCT

The following outlines the Code of Conduct for the Texas State Taekwondo Association (TSTA). This code applies to all athletes, coaches, and parents participating in TSTA Events. Failure to comply with these guidelines may result in removal from events, dismissal from future TSTA sanctioned events, and/or suspension from participation in future TSTA sanctioned events.

ATHLETES WILL:

- Abide by the schedules set by the coaches.
- Be fully prepared and on time for practices and events, considering travel time.

CAPTAINS WILL:

- Be positive role models of behavior at all times.
- Attend all TSTA practices.
- Assist teammates.
- Help promote their sport and attract/retain athletes.
- Be approachable and welcoming.
- Assist in administering the athletic code of conduct.

Commitment:

- Act in the spirit of fair play and responsible conduct.
- Acknowledge and adhere to the authority of TSTA and tournament staff.
- Maintain an appropriate level of fitness and weight limit.
- Refrain from use of performance-limiting substances.
- Abide by TSTA and World Taekwondo policies and rules.
- Respect others and their property.
- Refrain from illegal or inappropriate behavior.
- Maintain a positive attitude and represent TSTA and the USA honorably.

Consequences:

- A coach may limit an athlete's competition or practice time if their health is jeopardized.
- Consequences may result from poor sportsmanship, harassment, or misconduct.
- Captainship may be revoked for inciting negativity.
- Drug and alcohol violations result on immediate suspension with subsequent infractions.
- Missing weight deadlines will result in future Texas teams suspension