

Sanctioned By



2025 Austin International Open - October 4, 2025
Round Rock, Texas

A vibrant promotional poster for the 2025 Austin International Open. At the top, the World Taekwondo Federation (WTF) logo is flanked by large, stylized blue wings. Below this, a red banner reads "2025 AUSTIN INTERNATIONAL OPEN" in white, bold, sans-serif font. Underneath the banner, the text "AUSTIN, TEXAS USA" is centered. The main visual is a collage of Taekwondo athletes in white uniforms and protective gear, captured in dynamic, high-flying poses against a backdrop of the Austin skyline and a river. In the foreground, two large, cute, bat-eared cartoon characters in white Taekwondo uniforms stand on either side of a central graphic. This central graphic includes a crown, a shield, and the date "4 OCT". Below the date is a small image of two athletes sparring on a blue mat. At the bottom, two labels identify the locations: "ROUND ROCK SPORT CENTER" on the left and "SPARRING - DEMO TEAM" on the right. The bottom of the poster contains contact information: a location pin icon followed by "ROUND ROCK SPORT CENTER", an email icon followed by "TKDPEDRO@HOTMAIL.COM", and a phone icon followed by "512 669 20 32 - 512 470 19 15".

2025 AUSTIN INTERNATIONAL OPEN

AUSTIN, TEXAS USA

4 OCT

ROUND ROCK SPORT CENTER

SPARRING - DEMO TEAM

📍 ROUND ROCK SPORT CENTER ✉️ TKDPEDRO@HOTMAIL.COM ☎️ 512 669 20 32 - 512 470 19 15



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Round Rock, Texas



Dear Taekwondo Family,

It is with great excitement and pride that I invite you to join us at the **2025 Austin Taekwondo International Open**, happening **October 4, 2025**, at the **Round Rock Sports Center**, located at **2400 Chisholm Trail Road, Round Rock, Texas**.

This international gathering promises a day of high-level competition, cultural exchange, and unforgettable memories. Athletes of all ages and ranks will showcase their skills across a full spectrum of Poomsae and Kyorugi divisions — from rising stars to seasoned champions.

We are committed to creating an event that reflects the true spirit of Taekwondo: respect, perseverance, and excellence. Our state-of-the-art venue, top-tier officiating, and warm Texan hospitality will ensure an experience that honors your hard work and dedication.

Let's come together to compete, connect, and celebrate our shared passion for Taekwondo. I encourage you to bring your best spirit and join us for an amazing weekend in one of America's most dynamic cities!

Further details regarding registration, accommodations, and competition rules will be provided soon. Meanwhile, please mark your calendars and prepare your teams for an unforgettable weekend of Taekwondo in one of the most dynamic cities in America.

We look forward to welcoming you to Austin this October!

Respectfully,

Master Pedro Mercado

Organizer

2025 Austin Taekwondo International Open



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2025 Austin International Open October 4, 2025



Round Rock Sports Center
2400 Chisholm Trail Road
Round Rock, TX. 78681

Organized By: **Master Pedro Mercado**
512-669-2032
512-470-1915
tkdpedro@hotmail.com

IMPORTANT INFORMATION

Friday, October 3rd

- Weigh-in and Check-in from 2:00pm-9:00pm

Saturday, October 4th

- Report Time 8:00am
- All Competition Begins at 9:00am

Weigh-ins are required for all sparring competitors.

All registrations must be completed online PRIOR to the event. There will be NO onsite registrations accepted.

Register at <https://fitofan.com/2025-austin-international-open>



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GENERAL INFORMATION

Organizer

Master Pedro Mercado
512-669-2032
512-470-1915
tkdpedro@hotmail.com

Registration

Registration opens May 1, 2025
Registration deadline is September 26, 2025

Registration Link: <https://fitofan.com/2025-austin-international-open>

Competition Venue

Round Rock Sports Center
2400 Chisholm Trail Road
Round Rock, TX USA

Check-in & Weigh-in will occur at this location as well.

Event Spectator Tickets

\$20.00
Children under 5 years – FREE

Spectator tickets may be purchased at the door with **Cash Only** or purchased online at <https://fitofan.com/2025-austin-international-open>



COMPETITION REGISTRATION FEES & DEADLINES

Competitor Events

ALL participants (coaches and athletes) must register at:

<https://fitofan.com/2025-austin-international-open>

Final registration deadline is Friday, September 26.

This competition is for ages 6 and over and Yellow belt and higher.

Events	Ages	Belts
Individual Recognized Poomsae	All Ages	All Belts
Recognized Pairs Poomsae (Mixed)	Youth, Cadet, Junior, U30, U50, U60, O60	Black Belt only
Recognized Team Poomsae (M, F)	Youth, Cadet, Junior, U30, U50, U60, O60	Black Belt only
Individual Freestyle Poomsae	8-11, 12-17, 18 & over	Black Belt only
Freestyle Pairs Poomsae (Mixed)	8-11, 12-17, 18 & over	Black Belt only
Freestyle Team Poomsae (Mixed)	8-11, 12-17, 18 & over	Black Belt only
Demo	All Ages	All Belts
Sparring	All Ages	All Belts

Athlete Fees

Registration Type	Tournament Registration Fee	Plus Each Event (Additional)	Registration Deadline
Athlete	\$130	\$50	September 26, 2025

Payments must be made by registration due dates. If registration is not finalized by September 26, 2025, your registration and information will not be sent to us, and your registration will not be processed. Therefore, no pending registration will be accepted after the close of registration date: September 26, 2025.



Check-in & Weigh in

Round Rock Sports Center
2400 Chisholm Trail Road
Round Rock, TX USA

ALL COMPETITORS must check-in at registration for credential pick-up to be included in their division brackets. Competitors must be checked in by 9:00pm on Friday to be included in the brackets.

You will pick up your credentials and weigh-in on Friday. Sparring competitors who do not weigh-in may be disqualified.

Registration Checklist

Completing all items on this list will help ensure a speedy check-in and weigh-in process.

- ☐ Ensure you registered online & input your correct weight. NO ONSITE registrations will be allowed.
- ☐ A valid form of ID: ID, U.S. Birth Certificate, Passport Book or Card, School ID or Report Card, Valid Driver's License or Government Issued ID, or Military ID.
- ☐ Sparring competitors: bring appropriate attire – refer to "Weigh-In Rules."
- ☐ Poomsae ONLY competitors must still check-in by 8:30am on Friday in order to be on brackets, if not, they may be disqualified.
- ☐ Bring payment if required: cash only. No Checks or Credit Cards.
- ☐ Coaches must pick up credentials during credential pick up times only.

Weigh-in Rules

- ALL sparring competitors MUST weigh-in the **DAY BEFORE** the scheduled competition. A maximum of two (2) weigh-ins are allowed per athlete. The 2nd weigh-in must occur before registration is officially closed.
- Contestants are required to show a valid form of ID to weigh-in.
- Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
- Weigh-ins, for both males and females, shall be done in athletic clothing. A total of .2 kgs will be deducted from the weight on the scale. Under NO circumstance may an athlete weigh-in in the nude in the U.S. No sports bras or crop tops. All females and males must wear a T-shirt and Shorts.



Coach Fees

Registration Type	Tournament Registration	Registration Deadline
Coach	\$50	September 26, 2025

No onsite registration for athletes or coaches. This includes adding events. Any changes on site will have a minimum charge of \$50 cash paid on site.

Coach Requirements

In addition to the coach's attire and conduct requirements as outlined in USAT, there will be the following requirements:

- Coach courtesy hold and match management:
 - First-round we will make accommodations for coaches with multiple athletes in separate rings.
 - Due to the scale and scheduling of this event, referees will be instructed NOT to hold matches until Black Belt Finals
 - Once the division brackets and match orders are set by officials, no changes will be accepted on the floor.
- Coach etiquette:
 - No recording video or pictures ringside or on the competition floor.
 - No phones, headsets, earbuds, etc. at ringside or on the competition floor.
 - No loitering behind the ring table.
 - No questions during the competition.

Violations of etiquette may be penalized with a yellow card (sanction).

Athletes and Coaches register at: <https://fitofan.com/2025-austin-international-open>



SCHEDULE OF EVENTS

FRIDAY OCTOBER 3rd

Location: Round Rock Sports Center

TIME	EVENT
2:00pm - 9:00pm	Weigh-in and Check-in for all Saturday competitors

SATURDAY OCTOBER 4th

Location: Round Rock Sports Center

8:00am	Report Time
9:00am	All Competition Begins

COMPETITION FORMAT INFORMATION

Competitor Awards

Medals will be awarded to one 1st, one 2nd and two 3rd place winners.

Competition Area & Rules

The competition area is open only to the following personnel. Everyone else must watch from the designated spectator areas.

- Registered & certified coaches
- Registered & certified referees
- Registered athletes
- Staff & volunteers

Your cooperation helps us run a smooth & professional event. Thank you for your support.



Mandatory Competition Equipment

OFFICIAL POOMSAE UNIFORM (DOBOK)

- All contestants must wear a white Taekwondo V-neck PATU/WT approved uniform or WT approved Poomsae competition uniform in good condition, and appropriate to the contestants' division.
- Black Belts must wear black-collared white uniforms or WT approved Poomsae competition uniform.
- Only black belt athletes 14 and under may wear a poom belt. If an athlete wears a poom collar uniform they must wear a poom belt.
- Color belts may not wear black-collared uniforms.

OFFICIAL SPARRING UNIFORM (DOBOK)

- All contestants must wear a white Taekwondo V-neck PATU/WT uniform (dobok) in good condition.
- Black belts must wear black-collared uniforms.
- Poom rank (14 and under black belts) may wear poom uniforms with black and red collars.
- Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms.
- No tape will be allowed on any part of the uniform.

All sparring competitors must wear:

- White or red or blue headgear (red & blue headgear must be matched with chest protector color); Ages 12-32 World Class Black Belt Sparring competitors must have a Red or Blue headgear.
- Red and blue reversible chest protector (hogu)
- Forearm guards
- Shin and instep guards
- Groin cup (male AND females, All Ages)
- White or Transparent Mouthpiece. Competitors with braces need to cover both upper and lower teeth when braces are present on both.
- Ages 12-32 World Class and Grassroot Black Belt Sparring competitors must also wear WT approved TKD Gloves. NO iCross brand gloves permitted.

PSS Scoring requirements

KP&P PSS hogus and electronic headgear will be used for all sparring competitors (All belts and All ages).

Electronic Hogu/Helmets will be provided. These are sparring competitors in divisions using Senior Rules where head contact is allowed.

All Color belts will need to bring their own headgear.



SPARRING INFORMATION

Female Sparring Age Divisions & Weight Categories

AGE CLASSES	AGE DIVISIONS	BELT COLOR	*WEIGHT CATEGORIES	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U19, U23, U27, O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U29, U33, U37, U41, U44, U47, U51, U55, U59, O59	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U42, U44, U46, U49, U52, U55, U59, U63, U68 & O68	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U46, U49, U53, U57, U62, U67, U73, O73	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE & HEAVY
ULTRA	33+ YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U49, U57, U67, O67	FIN, LIGHT, MIDDLE & HEAVY

*U=Under, O=Over

Male Sparring Age Divisions & Weight Categories

AGE CLASSES	AGE DIVISIONS	BELT COLOR	*WEIGHT CATEGORIES	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U19, U23, U27, O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U33, U37, U41, U45, U49, U53, U57, U61, U65 & O65	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U45, U48, U51, U55, U59, U63, U68, U73, U78 & O78	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U54, U58, U63, U68, U74, U80, U87 & O87	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE & HEAVY
ULTRA	33+ YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U58, U68, U80 & O80	FIN, LIGHT, MIDDLE & HEAVY

*U=Under, O=Over



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Sparring Match Format

Best of 3 System (win by rounds) shall be followed for all matches

AGE	BELT COLOR	APPLICABLE RULES	DURATION OF ROUNDS ROUND-TIMES-REST (*TXTKD reserves the right to modify the number of rounds at their discretion.)
Dragon 6-7 years		No Head Contact	All Divisions Best of 3 rounds – 60 seconds – 30 seconds rest
Tigers 8-9 years		No Head Contact Modified Head Contact	All Divisions Best of 3 rounds – 60 seconds – 30 seconds rest
Youth 10-11 years		No Head Contact Modified Head Contact	All Divisions Best of 3 rounds – 60 seconds – 30 seconds rest
Cadet 12-14 years		Modified Head Contact Full Head Contact	All Divisions Best of 3 rounds – 60 seconds – 30 seconds rest
Junior 15-17 years		Modified Head Contact Full Head Contact	All Divisions Best of 3 rounds – 60 seconds – 30 seconds rest
Senior 17-32 years		Modified Head Contact Full Head Contact	All Divisions Best of 3 rounds – 60 seconds – 30 seconds rest
Ultra 33+ years		Modified Head Contact	All Divisions Best of 3 rounds – 60 seconds – 30 seconds rest



Modified Head Contact RULES

Attacks to the head with light contact are allowed. The Referee will penalize the athlete for excessive contact. No extra points for spinning head kicks.

Turning kick to the head is not considered as a valid turning kick in determining penalty for falling down and superiority (Articles 14.4.1.2 and 15.5 of the Kyorugi Competition Rules)

The referee can decide the winner of RSC (Referee Stop Contest) in case of a significant difference of competing ability between two athletes.

POOMSAE INFORMATION

Individual Color Belt Poomsae

Consists of 1 Male or 1 Female with belts from YELLOW to RED for the following age divisions: Dragon (6-7), Tiger (8-9), Youth (10-11), Cadet (12-14), Juniors (15-17), Senior (-30,-40,-50,-65,+65)

COLOR BELT DESIGNATED POOMSAE

DIVISION	SEMI - FINALS	FINALS
Yellow (7 th & 8 th Geup) All ages	Taegeuk 2 Jang	Taegeuk 1 Jang
Green (5 th & 6 th Geup) All ages	Taegeuk 4 Jang	Taegeuk 3 Jang
Blue (3 rd & 4 th Geup) All ages	Taegeuk 6 Jang	Taegeuk 5 Jang
Red (1 st & 2 nd Geup) All ages	Taegeuk 8 Jang	Taegeuk 7 Jang

BLACK BELT DESIGNATED POOMSAE

DIVISION	SEMI - FINALS	FINALS
Black Belts ages 6 -7*	Taegeuk 8 Jang	Koryo
Black Belts ages 8-9*		



Individual, Pair, & Team Recognized Poomsae

INDIVIDUAL POOMSAE

Designated Poomsae for Recognized Sports Individual Poomsae will be released - ***Date TBA***

Consists of 1 competitor for the following age divisions: Youth (10-11), Cadet (12-14), Juniors (15-17), U30 (18-30), U40 (31-40), U50 (41-50), U60 (51-60), U65 (61-65) O65 (66+)

PAIRS POOMSAE (CO-ED)

Consists of 1 Male & 1 Female Black Belt competitors for the following age divisions: Youth (10-11), Cadet (12-14), Juniors (15-17), U30 Pairs (18-30), U50 Pairs (31-50) & U60 (51-60) Pairs O65 Pairs Poomsae.

TEAM POOMSAE

Consists of 3 competitors of the same gender for the following age divisions: Youth (10-11), Cadet (12-14), Junior (15-17), U30 Team (18-30), O30 Team (31-50) U50, U60, and +60 Team Poomsae.

Compulsory Poomsae Below

Age	Individual Compulsory Poomsae
Dragon	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang
Tiger	
Youth	
Cadet	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taebaek
Junior	Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon
U30	Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae
U40	
U50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
U60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
U65	
O65	

Age	Pair and Team Compulsory Poomsae
Dragon	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang
Tiger	
Youth	
Cadet	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taebaek
Junior	Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon
U30	Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae
U50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
U60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
O60	



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Note: For Poomsae, all color belt and 6-11 year old Black Belt divisions have only two rounds, prelim and final. For any division with more than 9 competitors, the top 8 competitors will advance to the final round. For any division with less than 9 competitors, all competitors will advance straight to the final round. Competitors will perform one Poomsae for prelim and one Poomsae for the final round.

Designated Poomsae will be released closer to the tournament date.

All other black belt divisions (individual age 10+, pairs and teams) will do WT cut off format performing one Poomsae for prelim, one Poomsae for semi-final round and two Poomsae for the final round. **Designated Poomsae will be released closer to the tournament date.**

All Black Belts ages 10 and over will compete in the Individual Recognized Poomsae format. No exceptions.

Individual, Pair, & Team Freestyle Poomsae

To ensure the highest level of competition, we will be utilizing the most current WT scoring criteria. It can be found here: <https://www.worldtaekwondo.org/rules-wt/rules.html?sc=02>

REGISTRATION

Ensure competitors are registered for ALL events they plan on participating in by the time registration closes. NO ONSITE registrations will take place. Meaning, if you plan on competing in a Team or in Pairs, but one (1) member did not register, your team or pair will be disqualified.

2025 Austin International Open will not have Dragon or Tiger Pairs or Team Poomsae, or Color belt Co-Ed Pairs or Team Poomsae.



DEMONSTRATION TEAM INFORMATION

DEMO TEAM COMPETITION GENERAL GUIDELINES

- The performance must be confined to the 12m x 12m Contest Area. 0.1 points shall be deducted from the final score each time a contestant crosses the boundary line during performance. Any performance outside of the boundary will not be considered.
- All contestants must wear appropriate sport attire, such as V-neck Taekwondo uniform of any color, Y-neck Poomsae competition uniform, or team tracksuit.
- The maximum set-up time is 1 minute.
- The maximum time to complete the performance is 6 minutes.
- The maximum clean-up time is 1 minute.
- The machine to play music shall be provided by the Tournament Committee.
- There will be NO standing on chairs or tables, and no use of tumbling boards or any similar devices.
- Use of poles and similar devices to hold boards for high jumping breaks are permitted; these must be approved in advance.
- Due to safety and liability issues, absolutely NO weapons, pyrotechnics, fireworks or flame breaks. - Boards must be purchased from a designated vendor at the competition venue. Under no circumstances should athletes bring their own boards.
- No Head Stikes Allowed



DEMO COMPETITION SCORING GUIDELINES

Technical Skills (6 points)	a) Team form b) Acrobatic breaking c) Single jump breaking d) Power breaking e) Self-defense f) Basic movements & practicability of movements
Presentation (4 points)	a) Creativity and complexity b) Synchronization and harmony c) Taekwondo spirit d) Music and choreography
Deduction of points	0.3 points shall be deducted from the final score for each 10 seconds, or fraction thereof, when the team has exceeded each of these time limits: (a) set-up time, (b) performance time, and (c) clean-up time
Score calculation	a) The final score shall be the average of the judges' scores for technical skills (the highest and lowest judge scores dropped before calculating the average) and the average of the judges' scores for presentation (the highest and lowest judge scores dropped before calculating the average). b) All penalties accumulated during the competition shall be deducted from the final score.

HOTEL

Holiday Inn Austin North - Round Rock 2370 Chisholm Trail Rd. Round Rock, TX 78681 telephone: (512) 246-7000 reservations: (888) 465-4329	Courtyard Austin Round Rock 2700 Hoppe Trail Round Rock, TX 78681 telephone: (512) 255-5551 / (512) 692-4172
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VOLUNTEERS

An event like the Austin International Open cannot happen without your help. Please consider signing up as a volunteer! Please email us at tkdpedro@hotmail.com