



Texas State Taekwondo Association

Selection Procedures for the 2024 Texas State Taekwondo Team (Poomsae)

1. Competition Rules

- a. The selection process will adhere to the current World Taekwondo (WT) Rules and the current USA Taekwondo (USAT) Rules.

2. Eligibility Criteria

- a. All athletes must be in good standing with World Taekwondo (WT), USA Taekwondo (USAT), and the Texas State Taekwondo Association (TSTA).
- b. Athletes must be able to obtain a valid passport and GAL license.
- c. Divisions selected:

Recognized Individual	
Cadet Male	Cadet Female
Junior Male	Junior Female
Senior 1 Male	Senior 1 Female
Freestyle Individual	
U17 Male	U17 Female
O17 Male	O17 Female

3. Selection Criteria

- a. Gold medalist winner of the respective above mentioned divisions at the 2024 Texas State Championships.
- b. Replacement of athletes:
 - i. Should circumstances arise in which the 1st place athlete is unable to attend, the athlete who places 2nd in the same division will serve as the replacement athlete. After this, the team spot will remain vacant.
4. **Responsibilities of Selected Athletes**
 - a. TSTA will coordinate participation in a to be determined World Taekwondo G-Rated Open; including travel, lodging, meals, and local transportation for all personnel.
 - b. The final team roster will be announced at a later date.
 - c. Selected athletes are required to participate in regular scheduled training sessions, as approved by the Team Manager, leading up to the determined Open.
 - d. The Team Manager will nominate and manage all athletes and staff participating in these events.
 - e. Team travel logistics and on-site arrangements will be centrally managed by TSTA. Personal team managers, coaches, or family members of athletes are responsible for their arrangements and will not be accredited as part of the TSTA Team, unless specifically authorized by the Team Manager.
 - f. Athletes are expected to arrive with all necessary equipment and documentation as directed by the Team Manager.
 - g. All athletes must sign and adhere to the Athlete Code of Conduct.

Note: These procedures are subject to change, and any updates will be communicated to the athletes and relevant parties in a timely manner.



Texas State Taekwondo Association

Selection Procedures for the 2024 Texas State Taekwondo Team

1. Competition Rules

- a. The selection process will adhere to the current World Taekwondo (WT) Rules and the current USA Taekwondo (USAT) Rules.

2. Eligibility Criteria

- a. All athletes must be in good standing with World Taekwondo (WT), USA Taekwondo (USAT), and the Texas State Taekwondo Association (TSTA).

3. Application Process

- a. Applicants must submit the following documents to TSTA by a designated deadline (to be determined):
 - i. Team Trials Participation Form
 - ii. Athlete Code of Conduct
 - iii. A copy of their 2024 USAT Membership.
 - iv. A copy of their US Passport.

4. Selection Criteria

- a. Athletes must have won a gold medal at the 2023 Texas State Championships, AND compete at the 2024 Texas State Championships.
- b. Athletes must have won a gold medal at the 2024 Texas State Championships.

5. Selection Process

- a. For each combined weight class, the gold medalists from the designated weight divisions will face off against each other. The winner of this match will secure a team spot for that specific combined weight class. For instance, the gold medalists in the male -74kg and -80kg categories will compete against one another, with the victor earning the team spot for their combined weight division. (*Fight off will be at the end of day, Same day as Texas State Championships*)
- b. Team Spots Available:
 - i. Senior Male Team Spots:
 1. -58kg
 2. -68kg
 3. -80kg
 4. +80kg
 - ii. Senior Female Team Spots:
 1. -49kg
 2. -57kg
 3. -67kg
 4. +67kg
 - iii. Junior Male Team Spots:
 1. -48kg
 2. -55kg
 3. -63kg
 4. -73kg
 5. +73kg
 - iv. Junior Female Team Spots:
 1. -44kg
 2. -49kg
 3. -55kg

4. -63kg
5. +63kg

This selection method aims to foster a competitive environment, rewarding excellence and ensuring that the Texas State Taekwondo Team is composed of the most skilled and determined athletes.

6. Responsibilities of Selected Athletes

- a. TSTA will coordinate participation in the Seoul Quest, including travel, lodging, meals, and local transportation for all personnel.
- b. The final team roster will be announced at a later date.
- c. Selected athletes are required to participate in regular scheduled training sessions and rumbles, as approved by the Team Manager, leading up to the Seoul Quest.
- d. The Team Manager will nominate and manage all athletes and staff participating in these events.
- e. Team travel logistics and on-site arrangements will be centrally managed by TSTA. Personal team managers, coaches, or family members of athletes are responsible for their arrangements and will not be accredited as part of the TSTA Team, unless specifically authorized by the Team Manager.
- f. Athletes are expected to arrive with all necessary equipment and documentation as directed by the Team Manager.
- g. All athletes must sign and adhere to the Athlete Code of Conduct.

Note: These procedures are subject to change, and any updates will be communicated to the athletes and relevant parties in a timely manner.

1906 Lone Star Road Suite A, Mansfield TX 76063 • 682 - 712 - 6822 • info@txtkd.org
www.txtkd.org



Texas State Taekwondo Association

Dear Athlete,

Firstly, congratulations on your participation in the Texas State Taekwondo Championships and for achieving gold medals in both/or the 2023 and 2024 competitions. Your outstanding performance has earned you the opportunity to compete in the Team Trials, which will determine the members of the Texas State Taekwondo Team.

The Team Trials will be held TODAY, at the end of the tournament. During the trials, gold medal winners from the 2023 and 2024 Texas State Championships in both the Junior and Senior divisions will have a fight-off in the Olympic weight classes to determine the final team roster.

In addition to the Team Trials, I am excited to announce that the selected team members will embark on a 12-day trip to Korea from June 1st to June 12. This trip will provide an invaluable opportunity for cultural exchange and international competition, and I encourage you to consider participating if you are selected for the team.

Attached to this letter, you will find two important documents: the Athlete Code of Conduct and a form indicating your intention to participate or decline participation in the Team Trials and the Korea trip. Please review these documents carefully and sign the appropriate sections to indicate your decision.

If you choose to participate in the Team Trials and the Korea trip, please return the signed documents to me BEFORE team trials starts. If you decide not to participate, please also sign the form to indicate your decision and return it to me by the same deadline.

If you have any questions or concerns regarding the Team Trials, the Korea trip, or any other aspect of the event, please do not hesitate to contact us.

Thank you for your dedication to the sport of Taekwondo and for your participation in the Texas State Taekwondo Championships. I look forward to seeing you at the Team Trials and wish you the best of luck in your future competitions.

Sincerely,
Master Jeff Pinaroc
President, Texas State Taekwondo Association

1906 Lone Star Road Suite A, Mansfield TX 76063 • 682 - 712 - 6822 • info@txtkd.org

www.txtkd.org



Texas State Taekwondo Association

CODE OF CONDUCT

The following outlines the Code of Conduct for the Texas State Taekwondo Association (TSTA). This code applies to all athletes, coaches, and parents participating in TSTA Events. Failure to comply with these guidelines may result in removal from events, dismissal from future TSTA sanctioned events, and/or suspension from participation in future TSTA sanctioned events.

ATHLETES WILL:

- Abide by the schedules set by the coaches.
- Be fully prepared and on time for practices and events, considering travel time.
- Review practice and tournament schedules with their parents.

CAPTAINS WILL:

- Be positive role models of behavior at all times.
- Attend all TSTA practices.
- Assist teammates.
- Help promote their sport and attract/retain athletes.
- Be approachable and welcoming.
- Assist in administering the athletic code of conduct.

COACHES WILL:

- Communicate clearly with athletes and parents.
- Provide accurate schedules.
- Create regular practice schedules.
- Exercise good sportsmanship and refrain from activities that could be considered bullying, harassment, hazing, or intimidation.

Commitment:

- Act in the spirit of fair play and responsible conduct.
- Acknowledge and adhere to the authority of TSTA and tournament staff.
- Maintain an appropriate level of fitness.
- Refrain from excessive use of performance-limiting substances.
- Abide by TSTA and World Taekwondo policies and rules.
- Respect others and their property.
- Refrain from illegal or inappropriate behavior.
- Maintain a positive attitude and represent TSTA and the USA honorably.

Consequences:

- A coach may limit an athlete's competition or practice time if their health is jeopardized.
- Consequences may result from poor sportsmanship, harassment, or misconduct.
- Captainship may be revoked for inciting negativity.
- Drug and alcohol violations result in a 5-day suspension, with subsequent infractions leading to dismissal from the team.



Texas State Taekwondo Association

2024 Team Trials and Korea Trip Participation Form

I, _____, acknowledge that I have been invited to participate in the Texas State Taekwondo Team Trials and the subsequent Korea trip scheduled to take place from June 1st to June 12.

I understand that the Team Trials will be held on March 17th at Texas State Championships, and that gold medal winners from the 2023 and 2024 Texas State Championships in both the Junior and Senior divisions will have a fight-off in the Olympic weight classes to determine the final team roster.

I also understand that the selected team members will be eligible to participate in the 12-day trip to Korea from June 1st to June 12, which will include cultural exchange activities and international competition opportunities.

Please indicate your intention to participate or decline participation in the Team Trials and the Korea trip by checking the appropriate box below:

- I hereby confirm my intention to participate in the Team Trials and the Korea trip.
 I regret to inform you that I am unable to participate in the Team Trials and the Korea trip at this time.

Athlete's Signature: _____ Date: _____

Parent's Signature (if under 18 years old): _____ Date: _____

Please return this form BEFORE the start of Team Trials. If you have any questions or concerns, please do not hesitate to contact one of the Texas State Board Members.

Sincerely,
Master Jeff Pinaroc
President, Texas State Taekwondo Association

Athlete Printed Name: _____

Athlete Signature: _____

Parent's Signature: _____

Coach's Signature: _____

1906 Lone Star Road Suite A, Mansfield TX 76063 • 682 - 712 - 6822 • info@ txtkd. org

www.txtkd.org