



2023 Texas State Taekwondo Championships

March 18-19, 2023

University of Texas – Gregory Gymnasium

2101 Speedway, Austin, TX 78712

More info: www.txtkd.org

Credential Pickup and Weigh-In

All Poomsae, Breaking, Demo Team Competitors

Credential pickup will start at 8:30am (doors open at 8am) on Saturday, March 18th at the competition venue. Please pick up your credentials and confirm their accuracy. Please plan enough time to get your credentials prior to the 10:00am competition start.

If you are also sparring, please pick up your credentials and then plan to stop by weigh-ins after 2:00pm and before 6:00pm.

All Sparring Competitors

Credential pickup and weigh-in will start at 2:00pm on Saturday, March 18th at the competition venue and will run until 6:00pm. All sparring competitors must weigh-in. Sparring competition will be Sunday, March 19th starting at 9:00am.

Poomsae note: All Black Belt Individual Poomsae is in Sport Poomsae format. Color belts are Traditional (Grassroots) format.

Sparring note: If you do not see your division on the schedule, you may be a single. Exhibitions will be allowed with only one fight per competitor AND ONLY AS TIME ALLOWS as determined by the Tournament Director. Fights must be approved by both coaches and tournament staff. An updated schedule (as changes in divisions do occur after weigh-ins) and a singles list will be published after weigh-ins.

SCHEDULE OF EVENTS

Saturday, March 18 – University of Texas – Gregory Gymnasium

REPORT TIME	EVENT
Athletes should report to holding at this time. All times are approximate & subject to change 8:30am – 10:00am ----- 2:00pm – 6:00pm	All Poomsae, Weapons, Breaking, Demo Team credential pickup All Sparring Competitor credential pickup & weigh in
9:30am	Competition begins at 10am <ul style="list-style-type: none"> • Demo • Breaking - Female
10:00am	<ul style="list-style-type: none"> • Breaking - Male



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10:30am	<ul style="list-style-type: none"> • Mixed Freestyle Poomsae – 17 & Under / 18 & Over • Male/Female – Recognized – Individual Poomsae – Dragon (6-7y) • Female – Recognized – Individual Poomsae – Tiger (8-9y)
11:00am	<ul style="list-style-type: none"> • Female – Freestyle – Individual Poomsae – 17 & Under • Male – Freestyle – Individual Poomsae – 17 & Under
11:30am	<ul style="list-style-type: none"> • Male – Freestyle – Individual Poomsae – 18 & Over • Male – Recognized – Individual Poomsae – Tiger (8-9y)(Yellow Belts) • Female – Recognized – Individual Poomsae – Youth (10-11y)(Yellow, Green, Blue belts)
12:00pm	<ul style="list-style-type: none"> • Male – Recognized – Team Poomsae - Cadet • Male – Recognized – Individual Poomsae – Tiger (8-9y)(Green, Blue, Red Belts) • Female – Recognized – Individual Poomsae – Youth (10-11y)(Red, Black belts)
12:30pm	<ul style="list-style-type: none"> • Female – Recognized – Team Poomsae - Cadet • Male - Recognized - Team Poomsae – Junior • Male – Recognized – Individual Poomsae – Cadet (Yellow, Red Belts) • Male – Recognized – Individual Poomsae – Youth (10-11y)(Yellow, Red Belts)
1:00pm	<ul style="list-style-type: none"> • Female – Recognized – Team Poomsae – Junior • Mixed – Recognized – Pairs Poomsae – Under 30 • Male – Recognized – Individual Poomsae – Cadet (Green, Blue Belts) • Male – Recognized – Individual Poomsae – Youth (10-11y)(Green, Blue Belts)
1:30pm	<ul style="list-style-type: none"> • Mixed – Recognized – Pairs Poomsae – Cadet • Mixed – Recognized – Pairs Poomsae - Junior • Female – Recognized – Individual Poomsae – Cadet (Color Belts) • Male/Female – Recognized – Individual Poomsae – Junior (Color Belts) • Male/Female – Recognized – Individual Para Poomsae – Junior (Color Belts)
2:00pm	<ul style="list-style-type: none"> • Male – Recognized – Individual Poomsae – Cadet (Black Belts) • Female – Recognized – Individual Poomsae – Cadet (Black Belts) • Female – Recognized – Individual Poomsae – Under 30 (Color Belts) • Female – Recognized – Individual Para Poomsae – Under 30 (Color Belts) • Male – Recognized – Individual Poomsae – Under 30 (Color Belts)
2:30pm	<ul style="list-style-type: none"> • Female – Recognized – Individual Poomsae – Under 40 & Under 50 (Color Belts) • Male – Recognized – Individual Para Poomsae – Over 30 (Color Belts) • Male – Recognized – Individual Poomsae – Under 50 (Color Belts)



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3:00pm	<ul style="list-style-type: none"> • Male – Recognized – Individual Para Poomsae – Junior (Black Belts) • Male – Recognized – Individual Poomsae – Junior (Black Belts) • Male – Recognized – Individual Poomsae – Under 30 (Black Belts) • Female – Recognized – Individual Poomsae – Under 30 (Black Belts)
3:30pm	<ul style="list-style-type: none"> • Female – Recognized – Individual Poomsae – Junior (Black Belts) • Female – Recognized – Individual Poomsae – Under 40 (Black Belts)
4:00pm	<ul style="list-style-type: none"> • Male – Recognized – Individual Poomsae – Under 40 & Under 60 (Black Belts) • Female – Recognized – Individual Poomsae – Under 50 & Under 60 (Black Belts)

PRELIMINARY SCHEDULE OF EVENTS

(FINAL SCHEDULE RELEASED AFTER WEIGH-INS)

Sunday, March 19 – University of Texas – Gregory Gymnasium

REPORT TIME	EVENT
<p><i>*Athletes should report to holding at this time. All times are approximate & subject to change*</i></p>	
8:30am	<p>Competition Begins at 9am</p> <ul style="list-style-type: none"> • Male - Youth Sparring - Black Belt Fin (30kg) • Male - Cadet Sparring - Blue Belt Fly (37kg) • Male - Junior Sparring - Red Belt Light (59kg) • Male - Junior Sparring - Yellow Belt Light (59kg) • Female - Youth Sparring - Yellow Belt Fin (30kg) • Male - Dragons Sparring - Yellow Belt Light (23kg)
9:00am	<ul style="list-style-type: none"> • Male - Youth Sparring - Black Belt Light (35kg) • Male - Cadet Sparring - Red Belt Fly (37kg) • Male - Junior Sparring - Black Belt Light (59kg) • Female - Youth Sparring - Yellow Belt Middle (40kg)
9:30am	<ul style="list-style-type: none"> • Female - Cadet Sparring - Green Belt Heavy (+59kg) • Male - Cadet Sparring - Black Belt Fly (37kg) • Male - Junior Sparring - Black Belt Light Middle (68kg) • Female - Youth Sparring - Red Belt Heavy (+40kg) • Female - Tigers Sparring - Yellow Belt Heavy (+30kg)
10:00am	<ul style="list-style-type: none"> • Female - Junior Sparring - Black Belt Fin (42kg) • Male - Cadet Sparring - Blue Belt Feather (45kg) • Male - Cadet Sparring - Black Belt Fin (33kg) • Male - Junior Sparring - Black Belt Welter (63kg) • Male - Youth Sparring - Red Belt Heavy (+40kg)



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	<ul style="list-style-type: none"> Female - Tigers Sparring - Green Belt Middle (30kg)
10:30am	<ul style="list-style-type: none"> Female - Junior Sparring - Black Belt Fly (44kg) Male - Cadet Sparring - Black Belt Bantam (41kg) Male - Junior Sparring - Black Belt Middle (73kg) Male - Youth Sparring - Green Belt Heavy (+40kg) Male - Youth Sparring - Yellow Belt Fin (30kg) Female - Tigers Sparring - Green Belt Heavy (+30kg)
11:00am	<ul style="list-style-type: none"> Female – Junior Sparring – Black Belt Bantam (46kg) Male - Senior Sparring - Black Belt Fin (54kg) Male - Youth Sparring - Green Belt Fin (30kg) Male - Tigers Sparring - Yellow Belt Light (25kg)
11:30am	<ul style="list-style-type: none"> Male - Cadet Sparring - Black Belt Feather (45kg) Male - Senior Sparring - Black Belt Fly (58kg) Male - Senior Sparring - Black Belt Light (74kg)
12:00pm	<ul style="list-style-type: none"> Female - Junior Sparring - Black Belt Feather (49kg) Male - Youth Sparring - Blue Belt Fin (30kg) Male - Tigers Sparring - Yellow Belt Middle (30kg)
12:30pm	<ul style="list-style-type: none"> Male - Cadet Sparring - Black Belt Light (49kg) Male - Senior Sparring - Green Belt Light (74kg) Male - Tigers Sparring - Green Belt Heavy (+30kg)
1:00pm	<ul style="list-style-type: none"> Female - Cadet Sparring - Black Belt Light Heavy (59kg) Male - Cadet Sparring - Red Belt Light (49kg) Male - Senior Sparring - Black Belt Bantam (63kg) Male - Youth Sparring - Red Belt Fin (30kg) Male - Tigers Sparring - Blue Belt Middle (30kg)
1:30pm	<ul style="list-style-type: none"> Female - Junior Sparring - Yellow Belt Light Middle (59kg) Female - Junior Sparring - Green Belt Light Heavy (68kg) Male - Junior Sparring - Black Belt Fin (45kg) Male - Junior Sparring - Black Belt Fly (48kg) Male - Senior Sparring - Green Belt Feather (68kg) Male - Youth Sparring - Blue Belt Light (35kg) Male - Tigers Sparring - Blue Belt Heavy (+30kg)
2:00pm	<ul style="list-style-type: none"> Female - Senior Sparring - Black Belt Fin (46kg) Male - Junior Sparring - Black Belt Bantam (51kg) Male - Senior Sparring - Black Belt Feather (68kg) Male - Youth Sparring - Green Belt Light (35kg)
2:30pm	<ul style="list-style-type: none"> Female - Senior Sparring - Yellow Belt Bantam (53kg) Male - Junior Sparring - Black Belt Feather (55kg) Male - Youth Sparring - Yellow Belt Light (35kg)



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	<ul style="list-style-type: none"> • 6-10 YEAR OLD EXHIBITIONS (as time permits) • 10-11 YEAR OLD COLOR BELT EXHIBITIONS (as time permits)
3:00pm	<ul style="list-style-type: none"> • Female - Senior Sparring - Black Belt Bantam (53kg) • Female - Senior Sparring - Black Belt Feather (57kg) • Male - Senior Sparring - Yellow Belt Heavy (+87kg) • Male - Youth Sparring - Green Belt Middle (40kg)
3:30pm	<ul style="list-style-type: none"> • Female - Senior Sparring - Green Belt Feather (57kg) • Male - Senior Sparring - Green Belt Heavy (+87kg) • Male - Senior Sparring - Black Belt Heavy (+87kg) • 12 & OVER COLOR BELTS EXHIBITIONS (as time permits) • 11 & OVER BLACK BELTS EXHIBITIONS (as time permits)

Current Single Divisions

These are divisions with single competitors. However, divisions change due to error, weight changes, disqualifications, etc. Please carefully review the final listing published after weigh-ins are complete. A final schedule will be published as well.

Exhibitions

Exhibitions will be allowed only with one fight per competitor AND ONLY AS TIME ALLOWS as determined by the Tournament Director. There is no guarantee that an exhibition will be available or that time will permit. Fights must be approved by both coaches and tournament staff.

Female - Cadet Sparring - Bantam (37kg)-Black - Dan
1st/Poom 1st

Female - Cadet Sparring - Bantam (37kg)-Red

Female - Cadet Sparring - Bantam (37kg)-Yellow

Female - Cadet Sparring - Feather (41kg)-Red

Female - Cadet Sparring - Light (44kg)-Green

Female - Cadet Sparring - Light Heavy (59kg)-Green

Female - Cadet Sparring - Light Heavy (59kg)-Red

Female - Cadet Sparring - Light Middle (51kg)-Black - Dan
1st/Poom 1st

Female - Cadet Sparring - Light Middle (51kg)-Yellow

Female - Cadet Sparring - Middle (55kg)-Black - Dan
1st/Poom 1st

Female - Cadet Sparring - Middle (55kg)-Blue

Female - Cadet Sparring - Welter (47kg)-Black - Dan
1st/Poom 1st

Female - Dragons Sparring - Fin (19kg)-Green

Female - Dragons Sparring - Fin (19kg)-Yellow

Female - Junior Sparring - Feather (49kg)-Red

Female - Junior Sparring - Feather (49kg)-Yellow

Female - Junior Sparring - Light (52kg)-Black - Dan
2nd/Poom 2nd

Female - Junior Sparring - Light Middle (59kg)-Black - Dan
1st/Poom 1st

Female - Junior Sparring - Middle (63kg)-Green

Female - Junior Sparring - Welter (55kg)-Black - Dan
1st/Poom 1st

Female - Junior Sparring - Welter (55kg)-Green

Female - Junior Sparring - Welter (55kg)-Red

Female - Senior Sparring - Bantam (53kg)-Green

Female - Senior Sparring - Black Belt Fly (49kg)-Black - Dan
1st/Poom 1st



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Female - Senior Sparring - Black Belt Heavy (+73kg)-Black - Dan 2nd/Poom 2nd

Female - Senior Sparring - Black Belt Light (62kg)-Black - Dan 1st/Poom 1st

Female - Senior Sparring - Black Belt Welter (67kg)-Black - Dan 1st/Poom 1st

Female - Senior Sparring - Feather (57kg)-Blue

Female - Senior Sparring - Feather (57kg)-Yellow

Female - Senior Sparring - Fin (46kg)-Green

Female - Senior Sparring - Fly (49kg)-Yellow

Female - Senior Sparring - Light (62kg)-Blue

Female - Senior Sparring - Light (62kg)-Green

Female - Senior Sparring - Light (62kg)-Yellow

Female - Senior Sparring - Middle (73kg)-Green

Female - Senior Sparring - Welter (67kg)-Green

Female - Tigers Sparring - Heavy (+30kg)-Blue

Female - Tigers Sparring - Light (25kg)-Blue

Female - Tigers Sparring - Light (25kg)-Yellow

Female - Tigers Sparring - Middle (30kg)-Red

Female - Ultra Sparring - Heavy (+67kg) 33 -40-Black - Dan 1st/Poom 1st

Female - Ultra Sparring - Light (57kg) 33 - 40-Blue

Female - Ultra Sparring - Middle (67kg) 41 - 50-Yellow

Female - Youth Sparring - Fin (30kg)-Green

Female - Youth Sparring - Fin (30kg)-Red

Female - Youth Sparring - Light (35kg)-Red

Female - Youth Sparring - Light (35kg)-Yellow

Female - Youth Sparring - Middle (40kg)-Black - Dan 1st/Poom 1st

Male - Cadet Sparring - Bantam (41kg)-Green

Male - Cadet Sparring - Bantam (41kg)-Yellow

Male - Cadet Sparring - Feather (45kg)-Green

Male - Cadet Sparring - Feather (45kg)-Red

Male - Cadet Sparring - Fin (33kg)-Blue

Male - Cadet Sparring - Fin (33kg)-Green

Male - Cadet Sparring - Fly (37kg)-Green

Male - Cadet Sparring - Fly (37kg)-Yellow

Male - Cadet Sparring - Heavy (+65kg)-Black - Dan 2nd/Poom 2nd

Male - Cadet Sparring - Heavy (+65kg)-Blue

Male - Cadet Sparring - Heavy (+65kg)-Red

Male - Cadet Sparring - Light (49kg)-Yellow

Male - Cadet Sparring - Light Middle (57kg)-Red

Male - Cadet Sparring - Middle (61kg)-Black - Dan 2nd/Poom 2nd

Male - Cadet Sparring - Middle (61kg)-Green

Male - Cadet Sparring - Middle (61kg)-Red

Male - Cadet Sparring - Welter (53kg)-Blue

Male - Cadet Sparring - Welter (53kg)-Green

Male - Cadet Sparring - Welter (53kg)-Red

Male - Dragons Sparring - Fin (19kg)-Green

Male - Dragons Sparring - Light (23kg)-Blue

Male - Dragons Sparring - Light (23kg)-Green

Male - Junior Sparring - Feather (55kg)-Green

Male - Junior Sparring - Feather (55kg)-Yellow

Male - Junior Sparring - Fly (48kg)-Green

Male - Junior Sparring - Heavy (+78kg)-Red

Male - Junior Sparring - Light Heavy (78kg)-Green

Male - Junior Sparring - Light Middle (68kg)-Blue

Male - Junior Sparring - Light Middle (68kg)-Green

Male - Junior Sparring - Light Middle (68kg)-Red

Male - Para Sparring K44 - Para - (+80kg)-Red

Male - Senior Sparring - Bantam (63kg)-Blue

Male - Senior Sparring - Bantam (63kg)-Green

Male - Senior Sparring - Bantam (63kg) -Yellow

Male - Senior Sparring - Feather (68kg)-Yellow

Male - Senior Sparring - Fly (58kg)-Red

Male - Senior Sparring - Fly (58kg)-Yellow

Male - Senior Sparring - Heavy (+87kg)-Blue

Male - Senior Sparring - Light (74kg)-Yellow

Male - Senior Sparring - Middle (87kg)-Green

Male - Senior Sparring - Middle (87kg)-Red

Male - Senior Sparring - Middle (87kg)-Yellow

Male - Senior Sparring - Welter (80kg)-Blue

Male - Senior Sparring - Welter (80kg)-Red

Male - Senior Sparring - Welter (80kg)-Yellow

Male - Tigers Sparring - Fin (21kg)-Blue

Male - Tigers Sparring - Fin (21kg)-Green

Male - Tigers Sparring - Fin (21kg)-Yellow

Male - Tigers Sparring - Heavy (+30kg)-Yellow

Male - Tigers Sparring - Light (25kg)-Green

Male - Tigers Sparring - Middle (30kg)-Green



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Male - Tigers Sparring - Middle (30kg)-Red
Male - Ultra Sparring - Middle (80kg) 33 -40-Black - Dan
3rd/Poom 3rd
Male - Ultra Sparring - Middle (80kg) 41-50-Black - Dan
1st/Poom 1st

Male - Ultra Sparring - Middle (80kg) 51 and older -Black -
Dan 6th
Male - Youth Sparring - Heavy (+40kg)-Yellow
Male - Youth Sparring - Light (35kg)-Red
Male - Youth Sparring - Middle (40kg)-Blue